

# Registration

Please return to S.O.A.R. by mail to  
32 Cornwallis St., Kentville, N.S. B4N 2E1\*

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

## Please select Workshop(s)

- Friday, June 22, 2018, 9 am-4 pm  
(Male survivors of sexual abuse)
- Friday, June 22, 2018 7-9 pm (Public)
- Saturday, June 23, 2018 9 am-4 pm  
(Family, friends, support persons and  
allies of survivors of any gender)

## Fees:

- June 22, 9 am-4 pm \$50
- June 22, 7-9 pm FREE
- June 23, 9 am-4 pm \$50

If you are in need of financial assistance to attend, please contact S.O.A.R. We have a limited number of \$25 subsidies.

## Thanks to our Supporters

Mental Health  
Foundation  
of Nova Scotia

Magic 94.9  
WE PLAY EVERYTHING



## To register online for Mike Lew Workshop:

All links are also on the web at:

<http://survivorsofabuserecovering.ca/posts/mike-lew-workshop>

### Friday, June 22, 2018, 9 am-4 pm (Male survivors of sexual abuse only)

<https://www.eventbrite.ca/e/mike-lew-workshop-tickets42795246735?aff=es2>

### Friday, June 22, 2018, 7-9 pm (Public talk – Free, but please register!)

<https://www.eventbrite.ca/e/mike-lew-eveningdiscussion-tickets-42795702097?aff=es2>

### Saturday, June 23, 2018, 9 am-4 pm (Family, friends, support persons and allies of survivors of any gender)

<https://www.eventbrite.ca/e/mike-lew-workshop-tickets42796052144?aff=es2>

**For more information about Mike Lew:**  
<http://www.nextstepcounselling.org/>

Nova Scotia Society No: 2483696  
Registered Charity: BN 876605726 RR0001

**2 Workshops**  
Male Survivors  
of Sexual Abuse  
Partners and Allies  
of Abuse Survivors  
**Presenter: Mike Lew**



- June 22, 2018**      **Friday: Male Survivor Workshop**
- June 22, 2018**      **Friday Evening: Free Public Session**
- June 23, 2018**      **Saturday: Family, friends, support persons and allies**

## S.O.A.R. Contacts:

32 Cornwallis, Kentville, NS B4N 2E1  
902-679-7337 or 877-679-SOAR (7627)  
[info@survivorsofabuserecovering.ca](mailto:info@survivorsofabuserecovering.ca)  
[survivorsofabuserecovering.ca](http://survivorsofabuserecovering.ca)  
<https://facebook.com/soar.ns/>

# What is S.O.A.R.?



S.O.A.R. is a registered, non-profit, charitable society that provides peer counselling and support group services to adults of all genders impacted by childhood sexual abuse.

S.O.A.R. also provides public education about the effects of childhood sexual abuse.

S.O.A.R. was established in 1993. It has come a long way in development over the past 25 years.

The society began with 13 female peer counsellors and within two years had expanded their services to include males.

The society has received several grants from Valley Health Boards, local Health Foundations, Consumer Led Initiative, and Mental Health Foundation of Nova Scotia, which is supporting this current project.

Over the years, S.O.A.R. has received awards from numerous sources, such as the Nova Scotia Department of Health and Wellness Meaningful Involvement of Consumers Awards (MICA), Doctors Nova Scotia, recognition at the Nova Scotia Legislature, and presented at a national mental health and addictions forum.

S.O.A.R. operates its own training programs for peer counsellors, support group facilitators and train-the-trainer.

## Silver Anniversary 2018

**We are pleased to announce that we are celebrating our 25<sup>th</sup> year!**

S.O.A.R. has invited the renowned therapist and speaker, **Mike Lew**, to provide a two-day workshop, **June 22-23, 2018**, at the Louis Millett Centre, 9489 Commercial St., New Minas, NS B4N 3E9).

**Mike Lew** will provide a full day workshop (9am – 4pm) on Friday, June 22<sup>nd</sup> for **adult male survivors of childhood sexual abuse**, followed by an evening open to the public.

The Saturday, June 23<sup>rd</sup> workshop is for **partners, family members and other supporters** of survivors of any gender. We know you need support too!

Registration:

- Friday, June 22, 2018 (Male survivors of sexual abuse only). *Workshop fee \$50*
- Friday, June 22, 2018 (Public Talk) - *Evening is FREE, but please register!*
- Saturday, June 23, 2018 (Family, friends, allies and support persons of survivors of any gender) - *Workshop fee \$50*

(Limited financial aid is available on request)



## MIKE LEW



M.Ed., is a psychotherapist and group therapy leader, and Co-Director of The Next Step Counseling and Training Center. As a cultural anthropologist specializing in the field of Culture and Personality (Psychological Anthropology), Mike worked

with the late Margaret Mead and Colin Turnbull. After further training in Counseling Psychology, he became a leading expert on recovery from sexual child abuse, particularly issues of male survivors.

Mike has worked with thousands of men and women in their healing from the effects of childhood sexual abuse, rape, physical violence, emotional abuse and neglect. The development of strategies for recovery from incest and other abuse, particularly for men, has been a major focus of his work as a counsellor and group leader. He works with the survivors and with their partners and families.

Mike taught at The City College of New York, Quinnipiac College, The College of New Rochelle and the University of California at Santa Cruz. Now he conducts public lectures, workshops for survivors, and trainings and consultations for mental health, medical, human service, clergy, law enforcement and other professionals around the world.

Mike's publications include *Victims No Longer: The Classic Guide for Men Recovering from Sexual Child Abuse* (Second Edition, Revised and Updated Quill, 2004) and *Leaping Upon the Mountains* (Small Wonder Books and North Atlantic Books, 1999).

Mike has been a part of the editorial board of the *Journal of Child Sexual Abuse* and the review board of the *Journal of Interpersonal Violence*.