





Commission de la santé mentale du Canada

## Mental Health First Aid CANADA

## Free for SOAR members\*

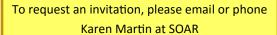
\* limited space available for guests

## Friday July 8 and Saturday July 9, 2016 9:30 am- 4:30 pm daily

Western Kings Memorial Health Centre (WKM) Berwick,
Wilson Room (ground floor)

The MHFA Canada program aims to improve mental health literacy, and provide the skills and knowledge to help people better manage potential or developing mental health problems in themselves, a family member, a friend or a colleague.

Free Registration- Online



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