

## Community Outreach & Public Relations committee

## 2022 Annual Report

Members of this committee are: Amanda Kirkpatrick, Earle Illsley, Angie Wallace (LOA), Jill Connors and Rita van Vulpen

Goals for the 2022 year are as follows:

- 1) Creating a quarterly newsletter
- 2) Setting up a conference/workshop with an educational and support focus
- 3) Planning a 30 year celebration of S.O.A.R.'s founding.
- 4) Delivering rack cards and SOAR peer support information to local organizations & health care settings.

One newsletter was developed last spring but due to membership turnover, we have not continued to produce more newsletters. This will be a renewed goal for this coming year.

We are well underway with plans for a spring workshop/conference which will be held May 13 at the Kentville Baptist Church hall. We are very excited about this conference/workshop and can tell you that the theme is Trauma informed care/practice. This workshop is free for anyone who wants to have a better understanding of what Trauma informed practice means, how to practice trauma informed care, how to provide trauma informed care and how to practice self-care and will be available online. At the workshop we also want to celebrate the SVPS Network and provide the network with an opportunity to showcase the member organizations and what they do.

Celebrating S.O.A.R.'s 30 years of service to the community is important to us and the 2023 AGM will be our time to showcase our organization and the members involved in it. More information will be available later in the year.

Membership: Our chair and Mental Health & Addictions representative has been on leave since May, so Rita van Vulpen has been acting Chair. We will be looking for a new chair person. Jill Connors is a new member whom we welcome.

The plan for 2023 includes the following:

- 1) Quarterly newsletters
- 2) Planning a yearly workshop/conference
- 3) Increase our public relations activities so that more survivors of childhood sexual abuse are being referred or self refer to our organization for Peer Support.
- 4) Plan the 30<sup>th</sup> anniversary celebratory event.

Respectfully submitted Rita van Vulpen (Acting Chair)