



S.O.A.R. Board nominations for
October 2022 – October 2024

Current Board members who are stepping down (4):

BOARD MEMBER	POSITION	TERM IN OFFICE	REPRESENTING
Mary-Lynn Chittick	Director	'20 -'22 Oct -Oct	SOAR peer Supporter
Karen Cox	Director	'20 -'22 Oct-Oct	Family, Clinical Social Worker
Tara Kalkman	Director	'20 -'22 Oct- Oct	Peer supporter
Judy Harrigan	Director	'22-22 Jan-Oct	Peer Supporter

Current Board members who are inactive (1):

BOARD MEMBER	POSITION	TERM IN OFFICE	REPRESENTING	Status
Angela Wallace	Director	'21 -'23 Oct- Oct	MH&A services	Leave of Absence

Current Board members who are re-offering (5):

BOARD MEMBER	POSITION	NEW TERM IN OFFICE	REPRESENTING
Cathy Vey	Chair, Director	' 22 – '24 Oct - Oct	Community
Peter Kiefl	Treasurer, Director	' 22 – '24 Oct - Oct	Community
Margo Stevens	Secretary, Director	' 22 – '24 Oct - Oct	SOAR peer supporter
Earle Illsley	Director	' 22 – '24 Oct - Oct	Community
Jill Connors	Director	' 22 – '24 Oct - Oct	Community

Prospective Board members for 2022-2024 (4):

BOARD MEMBER	POSITION	NEW TERM IN OFFICE	REPRESENTING
Alyssa MacDonald	Director	' 22 – '24 Oct - Oct	Peer Supporters
Gwen Medwid	Director	' 22 – '24 Oct - Oct	Peer Supporters
Mary Myke	Director	' 22 – '24 Oct - Oct	Peer Supporters
Ann Marie Powers	Director	' 22 – '24 Oct - Oct	Peer Supporters

Alyssa MacDonald is a current Peer Supporter. She is a student of Business at St. Mary's University in Halifax and has admitted that she is familiar with technology, in particular spreadsheets. She would be a valuable addition to the Finance Committee.

Gwen Medwid is a current Peer Support trainee who has published her recovery journey. She is very interested in public relations and public speaking as she is also a member of Toastmasters. She would be a valuable addition to the Community Outreach and Public Relations Committee.

Mary Myke is a current Peer Support trainee. She is a retired Qualitative Researcher who has volunteered in Adult Literacy and served on a Community Health Board in Restorative Justice Circles. She would be valuable in governance, policy, and strategizing.

Ann Marie Powers is a current Peer Supporter. She is a community worker who currently works offering support to parents. Ann Marie's plan for self-growth includes learning how to write grants, and we are thrilled to offer her an opportunity to hone that skill.

Respectfully submitted,
Cathy Vey