S.O.A.R. BOARD 2022-2023

BOARD MEMBER	POSITION	TERM IN OFFICE	REPRESENTING	TERM ENDS 2023	NOTES
Returning Member	s	<u> </u>		<u> </u>	•
Cathy Vey	Chair,	'22-'24	Community		
	Director	Oct - Oct			
Peter Kiefl	Treasurer,	'22-'24	Community		
	Director	Oct - Oct			
Margo Stevens	Secretary,	'22-'24	Peer Supporter		
	Director	Oct - Oct			
Earle Illsley	Director	'22-'24	Community		
		Oct - Oct			
Mary Myke	Director	'22-'24	Community,		
		Oct-Oct	Peer Supporter		
Alyssa MacDonald	Director	'22-'24	Peer Supporter		Treasurer-in-training
		Oct-Oct			
Retiring Members	_				
Angela Wallace	Director	′21 –′23	MH&A services	Term Ended	
		Oct- Oct		October 2023	
Gwen Medwid	Director	'22-'24	Peer Supporter	Resigned	
		Oct-Oct		16 May 2023	
Jill Connors	Director	'22-'24	Community	Resigned	
		Oct-Oct		3 Feb 2023	
Ann Marie Powers	Director	'22-'24	Peer Supporter	Resigned	
		Oct-Oct		16 Mar 2023	
Proposed New Mer	 nbers				
Jackie Gillies	Director	'23-'25	MH&A services		See Bio below
		October			2.0 2.0
Theresa Redmond	Director	'23-'25	Peer Supporter,		See Bio below
		October	Secretary-in-training		

Jackie Gillis

Ms Gillies is a social worker with a BSW and has worked with and supported individuals through her work and in her personal life who have been victims of childhood sexual abuse. Jackie works in mental health and addictions and her job is to help connect people with resources in the Annapolis Valley. Her social work practice is based on an

anti-oppression and structural approach. Jackie is interested in contributing to the Educational Programming at S.O.A.R.

She has already volunteered with several organizations in Nova Scotia: Serving Seniors, Hospice Halifax, the Sunshine Room at the VG hospital, and ISANS. She also worked one-on-one with a WW2 Veteran at his home then at Camphill for over 10 years until his death in 2021.

Jackie works with Angie Wallace at the recovery support center at Soldier Memorial Hospital and comes highly recommended.

Theresa Redmond:

Theresa Redmond has been a Peer Supporter at S.O.A.R. since 2022 and has been serving on the Board as an interim measure since April 2023 where she has been filling in as Secretary in Margo Steven's absence. Theresa has agreed to become our new Secretary when Margo's term ends in 2024. She is currently serving on SOAR Finance Committee and has helped with grant seeking and writing; she will become a part of the Peer Services Committee starting November 2023, is undertaking SOAR Group Support Training along with various other training opportunities that she feels will better help her serve S.O.A.R and her community at large, especially those in her life that have experienced the trauma of childhood sexual abuse.

Theresa has worked at both non-profits and Corporate in accounting support and payroll, although prefers non-profits as she finds this area rewarding and satisfying. She has worked with organizations such as Brookfield Global Relocations Services, Boys and Girls Clubs, Clean Nova Scotia (Clean Foundation). She has been a landlord for 18 years owning and maintaining multiple properties, while raising her three girls who are now living and working across the globe (Virginia US, Japan and Halifax). She has volunteered at St. Leonard's Society and on a HOA Board of Directors as Secretary/Vice President, as well as assisting with community grants.

Her hobbies include artisan crafts, painting, writing and reading; she always has a good book on the go.

Theresa is very committed to S.O.A.R's mission and is looking forward to being a part of its growth for many years to come.